



Children's Menu £3.95

Kids Chest

Veggie sticks, a bag of mini Cheddars, Children's drink, Sandwich and a Fishy toy
Sandwich fillings to choose from : ham, cheese, tuna, egg or jam

Fish Stars or Sausage

With mash potato and beans

Cheese and Tomato Pizza

With a small salad

Pasta

Beef bolognese or Tomato and basil sauce, topped with Welsh Cheddar cheese and with a small salad

Macaroni Cheese

With a small salad

Baby Food

We stock baby food and are happy to heat yours. Please ask at the till.





Birthday Parties

Book Now!

Parties may be booked for a minimum of 10 and a maximum of 20 children.

Price is £100 for first 10 children, and £9.50 for each extra child.

Party Boxes, Cold Buffet and a Present for the Birthday Child. Dedicated Room and we can make a Birthday Cake at an extra cost.

Ask a member of Rockpool Cafe Team for more information or call 01248 431916.





Breakfasts

available until 11.30am

Toast

Two slices, brown or white
with Welsh butter

£1.10

Jam 50p Extra

Beans or Free Range Egg on toast.

£2.95

Seafarers Breakfast

Choose from: Sausage, Fried Free Range Egg,
Bacon, Black Pudding, Mushrooms, Tomato,
Beans & Toast

5 items **£5.75** / 8 items **£6.95**

Seafarers Bap

Choose from any two of the following :
Sausage, Bacon, Black Pudding, Fried Free
Range Egg, Mushrooms & Tomato

£4.25

Each extra filling is an additional 75p



Lunch

Sandwiches

Fresh on white or brown bread with salad garnish, coleslaw and crisps

£4.95

Choose from: Ham, Welsh Cheddar Cheese, Free Range Egg Mayo, Tuna or Prawn Mayo

£4.95

Cheesy Garlic Baguette

Warm baguette topped with garlic butter and Welsh Cheddar Cheese

£2.50

Baguettes

Freshly Baked Baguette with a salad garnish and coleslaw.

Choose from: Ham, Welsh Cheddar Cheese, Free Range Egg Mayo, Tuna or Prawn Mayo

£5.95

Hot Paninis

Freshly toasted panini with a salad garnish and coleslaw.

Choose from two of the following fillings: Ham, Welsh Cheddar Cheese, Brie, Cranberry, Tuna Melt, Tomato or onion.

£5.95

Each extra filling is an additional 75p

Homemade soup

Made daily with seasonal produce, with a crusty baguette and Welsh butter

£4.95

Soup and a sandwich

Homemade soup of the day with a sandwich of your choice

(see sandwiches for choices)

£6.25

Jacket Potato

With a side salad and a choice of beans, Welsh Cheddar, coleslaw, beef chilli, tuna or prawn mayo.

£5.95

Each extra filling - additional 75p

Ploughman's Lunch

Brie & Welsh Cheddar lunch with fresh salad, crusty half baguette, Welsh butter, pickled onion, pickle and coleslaw

£7.25

Salads

Fresh ham, mackerel, prawn, or tuna salad. With coleslaw, crisps and a balsamic glaze.

£6.95

Burgers

Beef, lamb or vegetable burger on a fresh white bap with a salad garnish, relish and coleslaw

Beef Burger: single - plain **£5.95**, with cheese **£6.25**,

with cheese and bacon **£6.95**

Double **£6.95**, with cheese **£7.25**, with cheese and bacon **£7.95**

Lamb and vegetable Burger **£5.95**

A Pint 'o' Prawns

A pint of 'SHELL ON' Atlantic prawns with a wedge of lemon, salad garnish, crusty half baguette, Welsh butter and a mayo dip

£7.95

Chicken/Vegetable curry

with rice, pitta bread and mango chutney

£6.25

Beef/Vegetable Chilli

with rice, pitta bread and mango chutney

£6.25

Spaghetti Bolognese

with a garlic baguette and topped with Parmesan grated cheese

£6.50





Hot Drinks

Hot Chocolate: with Marshmallows, Cream & Chocolate Fish **£2.75**

Pot of Tea **£1.75**

Speciality Tea **£1.80**

Black coffee/Americano **£1.95**

Decaff Instant Coffee **£1.90**

Espresso **£1.50**

Flat White **£1.95**

Cappuccino **£2.25**

Latte **£2.25**

Mocha **£2.25**

Fizzy Drinks **£1.70**

Pepsi Max, Pepsi

Mixed Fruit, Lemonade

Orange Crush

Cold Drinks

Glass of Milk **£1.00**

Milkshakes - various flavours **£1.20**

Fruit Ice Slush **£1.50**

Refillable Cup and Ice Slush **£3.50**

Slush refill **£1.30**

Children's drink: Squash **50p**, Fizzy **£1.00**

Anglesey Spring Water (Still/Sparkling) **£1.20**

Belvoir **£1.80**

J2O **£1.80**

Fentimans **£1.80**

Alcoholic Drinks

Red or White Wine **£3.25**

Bottled Lager **£3.25**

Speciality Beer **£3.50**

Welsh Cider **£3.25**





Drinks Refill Scheme

It is estimated that in the UK, over seven million disposable cups are handed out by cafes every day, or approximately 2.5 billion annually.

Most of these cups are not recyclable due to the plastic lining within the paper cup, and so the waste cups go to landfill, where they may take up to thirty years to break down.

Hot and Cold Drinks Available

Refills:

Slush and Helter Skelter Cup **£3.50**

Slush Refill **£1.30**

Coffee/Tea and Cup **£4.99**

Refill in this cup or their own **50p discount**

Fizzy and Helter Skelter Cup **£3.50**

Fizzy Refill **£1.30**

Jogger Bottle with Squash or Water **£2.50**

Refills Free

Aluminium Straws **£1.00 each**
Buy 3 and receive a washer brush

